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How One of You Can Bring the Two of You Together (Paperback)

By Susan Page

Broadway Books (A Division of Bantam Doubleday Dell Publishing Group Inc), United States, 1998. Paperback. Book Condition: New. Reprint. 213 x 145 mm. Language: English . Brand New Book. How One of You Can Bring the Two of You Together suggests a completely different approach to improving a marriage. This audiobook shows that making changes in your marriage by yourself is an effective and low-stress strategy, because you are not at the mercy of your partner's moods, timing, communication skills, or willingness to work. When you make a change in your behavior or your attitude entirely on your own, you can work a miracle in your marriage. How One of You Can Bring the Two of You Together, you will learn the fundamental shift which takes place in your thinking, from How much am I giving/How much is my partner giving? to How much am I giving/How much am I taking? -- two factors over which you have complete control. Through a series of experiments and exercises suggested in this book, you will have the opportunity to review your relationship, see how others have made subtle changes in their thinking and behavior and reaped great amounts of happiness, and how...



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