



## Vegan Slow Cooking for Two or Just for You: More Than 100 Delicious One-Pot Meals for Your 1.5-Quart/Litre Slow Cooker

By Kathy Hester, Kate Lewis

Fair Winds Press. Paperback. Book Condition: new. BRAND NEW, Vegan Slow Cooking for Two or Just for You: More Than 100 Delicious One-Pot Meals for Your 1.5-Quart/Litre Slow Cooker, Kathy Hester, Kate Lewis, If you have a small family or are looking for better-portioned vegan meals (that don't force you to eat chili for a week straight!), Vegan Slow Cooking for Two or Just for You is the perfect resource for you. Featuring recipes geared specifically for use with a 1.5- to 2-quart slow cooker, you'll find endless meal ideas that you can make with minimal effort and maximum taste. Just prep a few items the night before or morning of, and come home to a hot meal-or side, or dessert-the moment you walk in the door! The little slow cooker is so easy to use that it makes cooking everyday a snap, so you can have a healthy variety of foods at a fraction of the cost of eating out. Inside, you'll find a whole new world of food to fall in love with, from breakfast-y Pumpkin Polenta to comforting White Bean Quinoa Gumbo to luscious Blueberry Lemon Cake. You'll be amazed at what your little slow cooker can...



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