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DINNER WITH THE SMILEYS



Hyperion. Paperback. Book Condition: New. Paperback. 384 pages. Dimensions: 8.2in. x 5.5in. x 1.0in. They say you are what you eatbut apparently, with whom you eat is pretty important too. Current medical research bears this out. But wellness was not what motivated mil-bloggerNavy wife and mom Sarah Smiley to invite one guest every week for 52 weeks to have dinner with herself and her three young sons. Sarahs motivation was to fill a void in her family life: that empty chair...

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- Authored by Sarah Smiley
- Released at -



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Reviews

Very helpful to all of group of men and women. It can be writter in easy terms instead of confusing. You will like how the writer write this book.

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