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## Positive Options for Sjogren's Syndrome: Self-Help and Treatment

By Sue Dyson

Hunter House Publishers. Paperback / softback. Book Condition: new. BRAND NEW, Positive Options for Sjogren's Syndrome: Self-Help and Treatment, Sue Dyson, Sjvgren's (pronounced "show-grins") syndrome, the most common autoimmune disease after rheumatoid arthritis, can affect both sexes and all races and strike any age from children to the elderly. In Sjogren's Syndrome, the body's immune system attacks its own moisture-producing glands. This book, written by a woman who has Sjvgren's, presents and evaluates a full range of treatment options, conventional and alternative, providing unbiased assessments of their possible benefits and side-effects. Author Sue Dyson discusses everything from how Sjvgren's affects the body to exercise, pregnancy, and relationships.



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### Reviews

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