

## Choose Happy: Brave Girls Club



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## CHOOSE HAPPY: BRAVE GIRLS CLUB



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Andrews McMeel Publishing. Hardback. Book Condition: new. BRAND NEW, Choose Happy: Brave Girls Club, Melody Ross, Every day and every minute, we make a choice. And in this beautiful, uplifting book of real talk and real truth, Brave Girls Club founder Melody Ross makes a compelling case to make the choice for happiness. Happiness isn't what happens to us, or what anyone or anything can give us. Rather, it is something we must choose. Whatever our circumstances and challenges, happiness is up to us. And that's great news. Because if no one can give it to you, no one can take it away. Whatever life throws your way, whatever has come before, whatever stands before you now, nothing and no one can take away your power to Choose Happy. Famous worldwide for her gorgeous trademark art, Melody Ross has become just as beloved for her very personal voice, the voice of someone who has earned life's wisdom the hard way, and has learned to treasure its joys all the more. In Choose Happy, Melody speaks soul-to-soul, with the profound and joyful message to make choices with our bravest, strongest selves. Choose Happy is a book to keep and to give, a gift for yourself and anyone you love who is looking ahead with dreams and hopes, struggling through the thick of it, or facing transition and change.



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