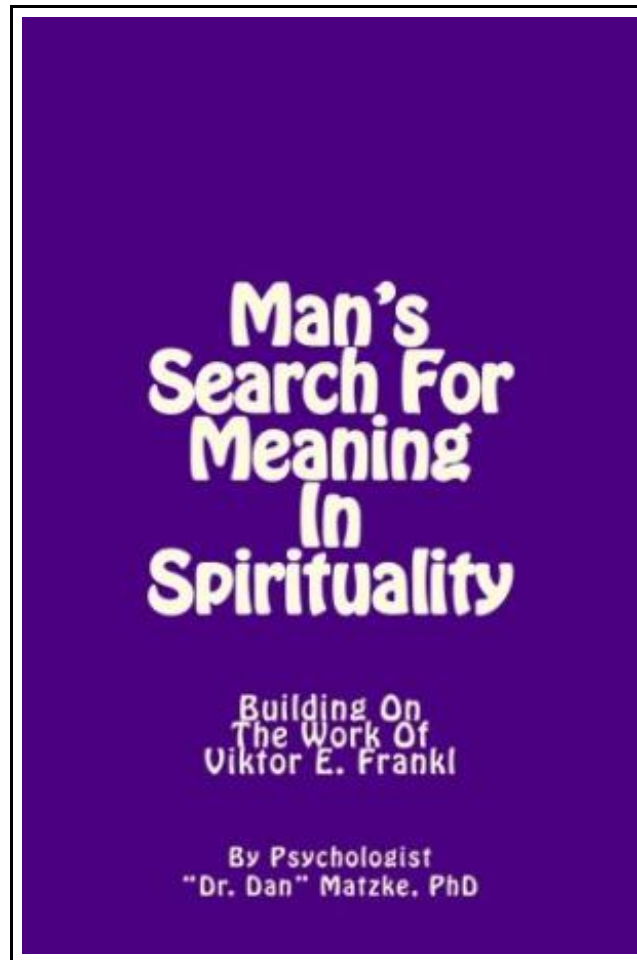


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Createspace Independent Publishing Platform, United States, 2013. Paperback. Book Condition: New. 203 x 133 mm. Language: English . Brand New Book ***** Print on Demand *****.MAN S SEARCH FOR MEANING IN SPIRITUALITY Building On The Work Of Viktor E. Frankl By Psychologist Dr. Dan Matzke, PhD TABLE OF CONTENTS Acknowledgments Disclaimer Preface Spirituality: A Working Definition Part One: Introduction On Ultimate Concerns of Spirituality: Awakening Experiences Part Two: Introduction On Spirituality - Enlightening Perspectives: Great Insights Realizations Of Humanity Addendum: On Mindfulness, Meaning Spirituality Seven Golden Guidelines For Life Living Uplifting Perspectives: An Ode PREFACE This book explores matters of spirituality. . ultimate questions and concerns of humanity. It is written for all of mankind. The work endeavors to explore meaningful matters and experiences. which have been on the hearts and minds of humans throughout all of recorded history. Part One of this book explores what might best be called awakening experiences - as they relate to ultimate concerns of spirituality. Part Two considers what might best be described as enlightening perspectives great insights and realizations of humanity. It is hoped that some of these insights and ideas will strike a cord and resonate with the reader who is seeking truth and meaning, and offer some useful pointers for experiencing a personal sense of spirituality in life and living. SPIRITUALITY: A Working Definition While there are many definitions of spirituality from various view points (including religious, secular, philosophical and scientific), a concise and definitive definition is rather difficult to articulate. Human beings have many unique capacities which encompass and exude spirituality, including self-awareness and situational awareness, the abilities of contemplation and reflection, a seemingly innate curiosity about the unknown. and an ambition to directly apprehend and experience. the true nature of reality and being. In light of these characteristics of...

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