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The Turning Point: Creating Resilience in a Time of Extremes

By Gregg Braden

Hay House UK Ltd. Paperback. Book Condition: new. BRAND NEW, The Turning Point: Creating Resilience in a Time of Extremes, Gregg Braden, We live in a time of extremes. The good news is that nature gives us the key to turn the frightening Tipping Points of such extremes into life-affirming Turning Points of transformation. Fact: The solutions to our biggest problems already exist! Fact: We already have the technology and the means to adapt to the extremes! Fact: All that stands between the suffering of the present and the world transformed is the shift in thinking that allows the existing solutions into our lives. In this compelling new work, bestselling author and visionary author of The God Code and Fractal Time Gregg Braden merges his expertise in leading-edge science with present-day realities to answer the questions on everyone's minds. Through his powerful synthesis of easy-to-understand science and real-world circumstances, Gregg uniquely: identifies the facts underlying the crises of personal, as well as global, change; describes new scientific discoveries that hold the key to turning global crises into personal transformation; and reveals simple strategies of resilient thinking for our finances and lifestyles and resilient living for our families and communities as...



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