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Calorie Wars: Fat, Fact and Fiction (Paperback)

By Larry Deutsch, Dr Larry Deutsch

Logic House Press, United States, 2011. Paperback. Book Condition: New. 224 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****.Increasingly disturbed by inaccurate and misleading information peddled by so called experts in the billion dollar weight loss industry, Dr. Larry Deutsch, a family physician, and Jeff Schweitzer, a biologist and former White House senior analyst have decided to set the record straight. This groundbreaking book presents the startling truth about weight loss - diets don't work. To achieve significant, long-lasting weight loss we need to break with old, ineffective ideas and embrace a completely new approach to weight loss. As you read the book you will find yourself shocked to learn the truth about how easy losing weight can be.



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